



TOWARDS THE LIGHT WITHIN

An 8-week **ONLINE** Course

SELF-REFLECTIVE & PRACTICE BASED

by The Gnostic Centre

Facilitator: **Dr. Monica Gupta**

Begins

21st

FEB

2018

COURSE MODULES

- 1. From Human Individuality to Divine Individuality**
- 2. The Paradox Within – The Challenges of Individualisation**
- 3. The Unification and Harmonisation of the Individual Being**
- 4. The Transformation of Consciousness – Methods and Processes**

REGISTRATION

Group size: 12-15

Certificate: Certificate of Professional Studies from The Gnostic Centre

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Dr. Monica Gupta teaches at the Department of Elementary Education at Gargi College, University of Delhi. She has an academic background in the fields of Psychology and Child Development and has keen interest in areas of Integral Education and Integral Psychology. She has completed her doctoral studies in Psychology, with the doctoral thesis: 'Sri Aurobindo's discourse on Human Development - A meta-psychological study'.