

How are Conflicts Resolved?

In any group situation, where diverse personalities and temperaments are working together, conflicts are bound to arise. And the Centre is no different. Problems of harmony amongst two people, or work related conflicts arise.

1. The first thing we do is to offer the problem to The Mother, ask for her intervention and guidance.
2. Then on the material level, a small meeting is called. We always begin with meditation and a prayer, and then the people involved are asked to state simply what the problem is. Of course this is done, trying to keep oneself in the highest state of consciousness, for which the leader/ facilitator bears the responsibility.
3. There is normally a dialogue between us, wherein the problem is presented and shared. The rest of the group gives a feedback to the persons concerned as to what they perceive as the cause of the problem, and this part is not always pleasant to hear, as it contains a few home truths. The facilitator then sums up the difficulty and points to where the solution lies, which has up to now always been accepted and respected. The important point here is that all this is done in an atmosphere of impersonal love and, as far as possible, calm. This atmosphere can only be maintained if there is a conscious invocation of the Divine Presence. And it is that Presence that brings down with it a sense of quiet serenity and clarity of mind and emotion.

- Ameeta Mehra
Founding Trustee & Chairperson
The Gnostic Centre