

L'avenir... the future

an Integral Education preschool

## Aims & Objectives

At L'avenir we focus on:

- Building up the foundations of a sound physical culture: health, stamina, agility, balance, rhythm, coordination, control
- Inculcating a love for Beauty and Harmony
- Understanding one's emotions and responses
- Building up the positive qualities and attitudes in oneself
- Training the powers of the mind: concentration, observation, imagination, clarity, etc.
- Providing an atmosphere where the children can come in touch with their inner self and express it in their learning and interactions