



THE PSYCHOLOGY OF HUMAN DEVELOPMENT

an integral view

Facilitator: Monica Gupta, PhD

Credits: 32. One year. Code: PHD

Dr. Monica Gupta teaches at the Department of Elementary Education at Gargi College, University of Delhi. She has an academic background in the fields of Psychology and Child Development and has keen interest in areas of Integral Education and Integral Psychology. She has completed her doctoral studies in Psychology, with a doctoral thesis: 'Sri Aurobindo's discourse on Human Development - A meta-psychological study'.

Program Brief

This program attempts to create an understanding of the human psyche and its integral-developmental potential as based on the works of Sri Aurobindo and the Mother. It delves into a new vision of Psychology as given by Sri Aurobindo and examines the integral-philosophical basis of Psychology. It examines the dynamics of Individual and Social evolution as envisaged by Sri Aurobindo from an inner-yogic perspective. The aim of the course is to develop a science of human subjectivity which can open ever new pathways for progress and perfection. It looks at the boundaries of the current disciplines of Psychology and attempts to create a vision of Future Psychology that is based on a true understanding of the Human Spirit.

Learning Objectives

- To introduce to students the key ideas linked with human psychology contained in the works of Sri Aurobindo
- To explore the dynamics of individual and social evolution from an integral-developmental perspective
- To examine the boundaries of the discipline of Developmental Psychology and re-create it light of Sri Aurobindo's vision of Psychology



Course 1

Integral Human Development: Multiple Perspectives (12 credits)

1. Sri Aurobindo's vision of Psychology: Key Ideas (20 days)
2. The Philosophy of Psychology: An Integral perspective part 1 (20 days)
3. The Philosophy of Psychology: An Integral perspective part 2 (20 days)
4. The Psychology of Social development (20 days)
5. The Psychology of Individual development – Multiple dimensions (20 days)
6. Summative Assignment (20 days)

Course 2

Creating a New Vision of Human Development (12 credits)

1. The Current Discipline of Developmental Psychology: Nature and Concerns (20 days)
2. The Major metanarratives in Current discipline of Developmental Psychology (20 days)
3. Examining the Current developmental discourse in light of Sri Aurobindo's works (20 days)
4. Creating a New Agenda of Developmental Psychology (20 days)
5. Future directions (20 days)
6. Summative Assignment (20 days)

Course 3

Research Project (Practical Course) (8 credits)

- Project Outline (10 days)
- First Draft of Research Paper (30 days)
- Final Submission of Research Paper (15 days)